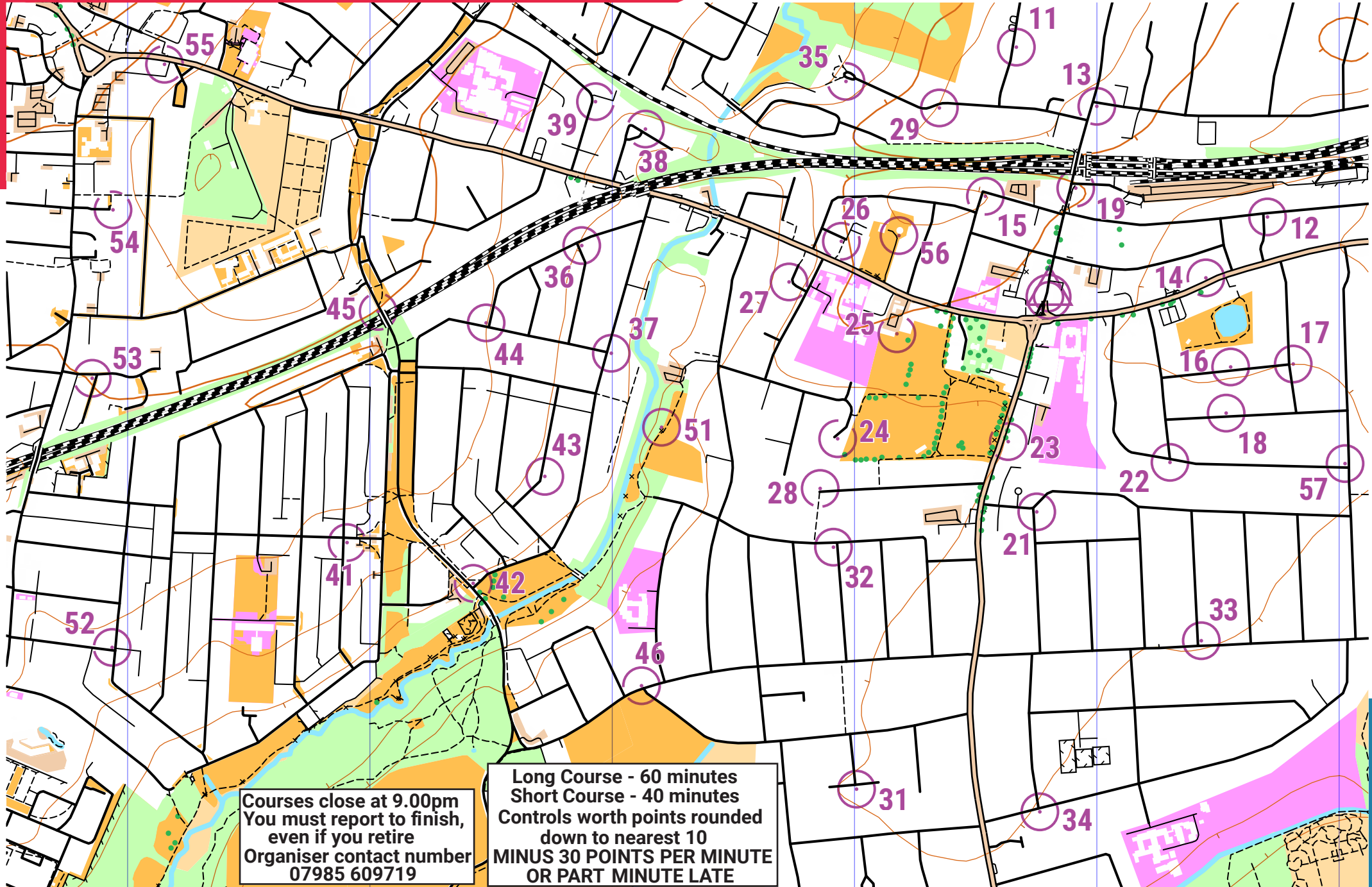


UPMINSTER

Havering & South Essex Orienteering Club (HAVOC)
www.orienteering-havoc.co.uk

scale 1:10000, contours 5m
500m



Courses close at 9.00pm
You must report to finish,
even if you retire
Organiser contact number
07985 609719

Long Course - 60 minutes
Short Course - 40 minutes
Controls worth points rounded
down to nearest 10
MINUS 30 POINTS PER MINUTE
OR PART MINUTE LATE

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OOM created by Oliver O'Brien. Make your own: <https://oomap.dna-software.co.uk/>

4th March 2026

OOM v4 developed by David Dixon
Map ID: 69a043feb801b