



Havering and South Essex Orienteering Club

EAST ANGLIA SCHOOLS CHAMPIONSHIPS, RANKING (level C), SWELL (rnd#9) EVENT Thorndon North Country Park, Sunday 15 May 2016

DIRECTIONS Event centre at Ford's Employee North Car Park, Eagle Way, Brentwood CM13 3BJ. GR TQ 594 915

From M25 J28 (A12/A1023 junction): Follow the road signs towards Brentwood (A1023). Go straight on at the first set of traffic lights. Turn right at the second set of traffic lights onto Mascalls Lane. After one mile, go straight on at the next set of traffic lights onto Eagle Way. Car park is on the left after 0.4 mile; **£1 parking fee** payable on entry.

Nearest railway station is Brentwood (Tfl Rail) - 1.5k.

FACILITIES Toilets, Registration and Download will be sited in the car park. Refreshments are available at the Essex Wildlife Trust (EWT) Visitor Centre (CM13 3RZ), 0.8mile. Turn left out of the car park, straight on at the cross-roads then bear right to the main entrance to the country park. Car park & visitor centre is on the right. Parking charges are payable.

TERRAIN/MAP Terrain is a mix of established woodland with a good path network, some open and semi-open areas. The longer courses, Blue & Brown will have road crossings. Map at 1:10,000 with 5m contours.

TIMES Registration 10am to 12noon. Starts 10.30am to 12.30pm. Courses close at 2.30pm.

FEES Entry on the day. Individual entry form on the [HAVOC website](#). [Entry form for schools](#). [EASC Rules](#).

School/group team managers/leaders must give an estimate of the number of competitors per course by **Sunday 8th May** and submit final group entry forms by **Friday 13th May**.

Senior members	£7.00
Senior non-members	£9.00
Juniors (under 21's)	£3.00

"Dibber" (SI card - electronic timing key) hire 50p (£30 charge for lost dibbers). Car park £1.

Note member means an individual holding a current subscription to British Orienteering. Non-members are allowed to compete in three British Orienteering registered events before being required to join an affiliated club. See the [British Orienteering website](#) for information on how to join.

COURSES Colour coded White through to Brown with Short Green.

Courses will be suitable for beginners, novices, improvers and experienced orienteers. Help and coaching will be available for beginners/improvers (please ask at Registration). Maps will be overprinted on waterproof paper. Control descriptions will be printed on the maps and loose descriptions (not waterproof) available at Registration.

START & FINISH Approx. 1.2k walk to the start mainly along level forest paths, allow 15-20 minutes. There are two road crossings. Firstly over Eagle Way (use the zebra crossing!) and a second nearer the start which we hope to marshal. However, under 16's need to be supervised. Similar walk back from the finish to the car park.

FIRST AID A first aid kit will be available at Download. A qualified First Aider will be available. The nearest A&E hospital is Queen's Hospital, Rom Valley Way, Romford RM7 OAG. Maps showing the location of the hospital will be available at Download.

DOGS Dogs are allowed in the competition area if under control & do not interfere with competitors or officials.

CONTACTS

Organiser: Colin Jackson (HAVOC) organiser@orienteering-havoc.co.uk

Planner: Rachel Cooper (HAVOC)

Controller: Clive Tant (SOS)