

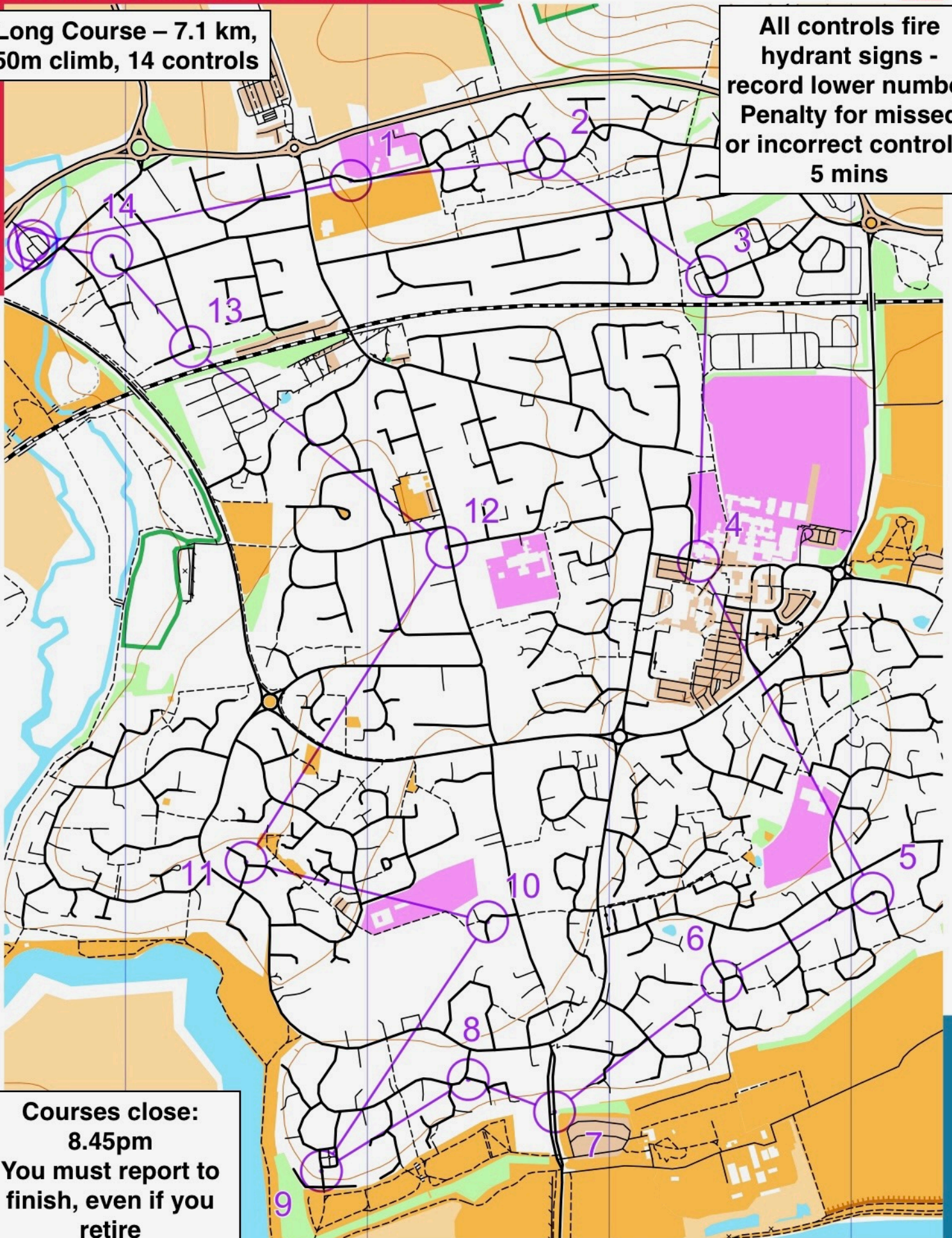
# STH WOODHAM FERRERS 2024 LONG

scale 1:10000, contours 5m  
500m



**Long Course – 7.1 km,  
50m climb, 14 controls**

**All controls fire  
hydrant signs -  
record lower number  
Penalty for missed  
or incorrect control –  
5 mins**



**Courses close:  
8.45pm  
You must report to  
finish, even if you  
retire  
Organiser contact  
No: 07724 664079**

**Havering & South Essex Orienteering Club (HAVOC)  
www.orienteering-havoc.co.uk**

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OOM created by Oliver O'Brien. Make your own: <https://oormap.dna-software.co.uk/>

OOM v4 developed by David Dixon  
Map ID: 6719008a19f0f