**Instructions – South Ockendon Twilight Score**

**Directions / Parking**

Address: Royal Oak, South Ockendon.  RM15 6SD

What3Words location: look.stone.dads

The pub is 0.3 miles from Ockendon station (c2c)

**Facilities**

Toilets available in the pub for customers.

**Terrain Description**

The course is approximately 85% on paved surfaces. However, as this is a score event, there are route choices involving potentially muddy footpaths (depending on weather), across parks or through woods. Please wear suitable footwear.

### Course Information

Long Course   60 mins

Short Course 40 mins

Both courses are score courses. Points values as follows:

1-10 10 points

11-20 20 points

21-30 30 points

31 40 points

Map is OOMap 1:10,000. All controls are fire hydrant signs, with some being homemade.

### Safety and Risk

A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

### Results

These are tabulated on the MapRun software.

### Questions

Please email maprun@orienteering-havoc.co.uk

### Problems identified

Please also email maprun@orienteering-havoc.co.uk

I do hope that you enjoy this activity. Any feedback would be welcome to the above email.

Enjoy your run!