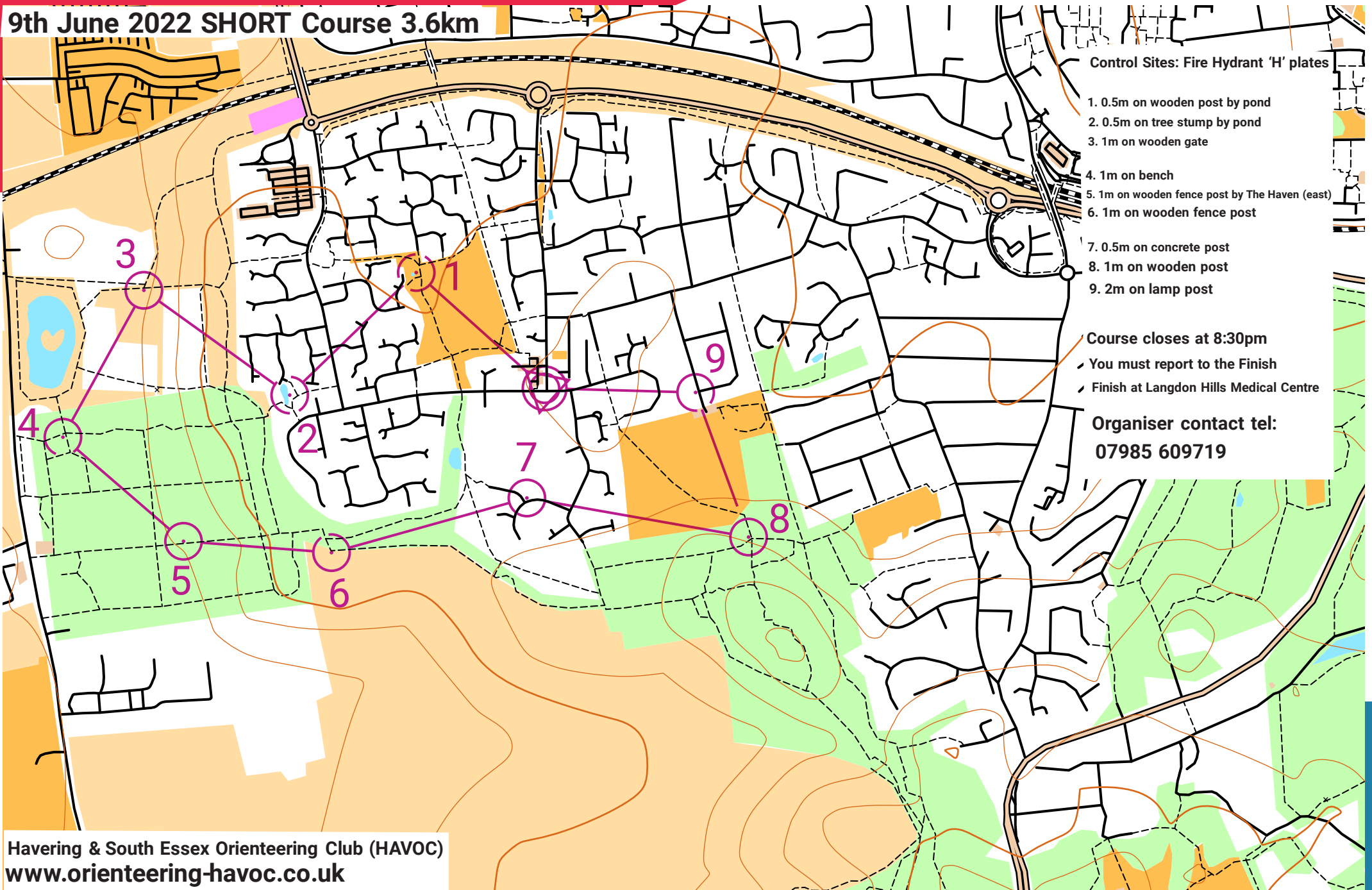


# LANGDON HILLS AND THE PLOTLANDS

9th June 2022 SHORT Course 3.6km

scale 1:10000, contours 10m  
500m



Control Sites: Fire Hydrant 'H' plates

1. 0.5m on wooden post by pond
2. 0.5m on tree stump by pond
3. 1m on wooden gate
4. 1m on bench
5. 1m on wooden fence post by The Haven (east)
6. 1m on wooden fence post
7. 0.5m on concrete post
8. 1m on wooden post
9. 2m on lamp post

Course closes at 8:30pm

- ✓ You must report to the Finish
- ✓ Finish at Langdon Hills Medical Centre

Organiser contact tel:  
**07985 609719**

Havering & South Essex Orienteering Club (HAVOC)  
[www.orienteering-havoc.co.uk](http://www.orienteering-havoc.co.uk)