**Instructions – Shenfield - Long**

**Directions / Parking**

The event starts and finishes on Hutton Poplars Green.  Parking is available on the boundary Road to the green – Bannister Drive – nut watch for parking restrictions during the day.

Address: Bannister Drive, Shenfield, Essex CM13 1YX

Latitude/longitude: 51°37'58.8"N 0°20'28.8"E

What3Words location of start: match.settle.bunk

**Facilities**

There are NO toilets available at the start/finish.

**Terrain Description**

The course is approximately 95% on paved surfaces. There are route choices involving potentially muddy footpaths (depending on weather). Please wear suitable footwear.

### Course Information

Long Course

This is the optimal running distance. Depending on route choice, you may run further. Take controls in the correct order, like a traditional line course.

OOMap 1:10,000

### Safety and Risk

A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

### Results

These are tabulated on the MapRun6 software.

### Questions

Please email maprun@orienteering-havoc.co.uk

### Problems identified

Please also email maprun@orienteering-havoc.co.uk

I do hope that you enjoy this activity. Any feedback would be welcome to the above email.

Enjoy your run!