**Instructions – Pilgrim’s Hatch 24 - Long**

**Directions / Parking**

Event centre is the Rose and Crown public house, 390 Ongar Road, Pilgrims Hatch, Brentwood, CM15 9JH.  Grid Ref TQ 578956.  Start and Finish will be on the east side of the zebra crossing outside the pub

What3Words location: chairs.woods.again

Directions: From A12 southbound turn left at M25 J28 up the hill towards Brentwood (A1023).  Drive straight through Brentwood town centre, then turn left at the double mini roundabout at the east end of the town onto Ongar Road (A128).  Follow this road for 1½ miles, passing over the A12 on a bridge, before reaching the pub on the left.

**Facilities**

There are toilets available at the start/finish, in the pub, for customers.

**Terrain Description**

The course is approximately 90% on paved surfaces. There are route choices involving potentially muddy footpaths and parks (depending on weather). Please wear suitable footwear.

### Course Information

Long Course      6.0km

This is the straight line distance. You will run further, and depending on route choice, potentially a lot further. Take controls in the correct order, like a traditional line course.

OOMap 1:10,000

### Safety and Risk

A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

### Results

These are tabulated on the MapRun6 software.

### Questions

Please email maprun@orienteering-havoc.co.uk

### Problems identified

Please also email maprun@orienteering-havoc.co.uk

I do hope that you enjoy this activity. Any feedback would be welcome to the above email.

Enjoy your run!