



## Long Course: Length 6.0 km

### Control Sites Fire Hydrant 'H' Plates

1. 2m on lamp post.
  2. 2m on lamp post.
  3. 2m on lamp post.
  4. 2m on tree branch.
  5. 2m on lamp post.
  6. 1m on lamp post.
  7. 2m on lamp post.
  8. 2m on lamp post.
  9. 1m on house wall.
  10. 2m on lamp post.
  11. 2m on lamp post.
  12. 0.5m on concrete post.
  13. 1m on tree branch.
  14. 1m on entrance barrier.
  15. 1m on low wall.
  16. 1m on lamp post.
  17. 2m on lamp post.
  18. 2m on lamp post.
  19. 1m on lamp post.
  20. 2m on lamp post.
- Navigate to the Finish.

Havering & South Essex Orienteering Club  
HAVOC  
[www.orienteering-havoc.co.uk](http://www.orienteering-havoc.co.uk)

Course closes 9pm.  
You must report to the Rose  
& Crown pub after finishing.  
Organiser contact tel:  
07485 129192.