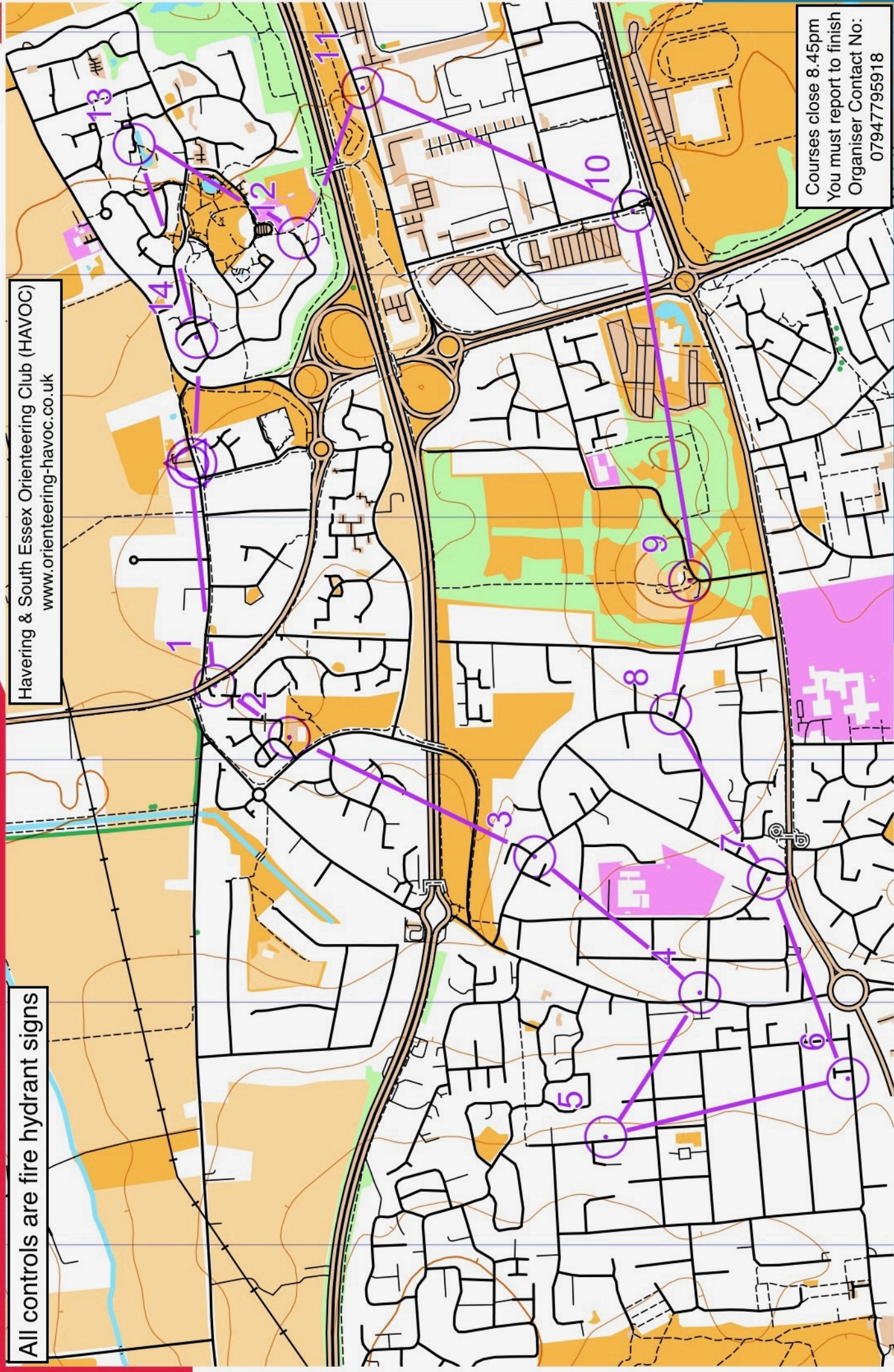


# NOAK BRIDGE LONG

All controls are fire hydrant signs

Havering & South Essex Orienteering Club (HAVOC)  
[www.orienteeing-havoc.co.uk](http://www.orienteeing-havoc.co.uk)

scale 1:10000, contours 5m  
500m



Courses close 8.45pm  
You must report to finish  
Organiser Contact No:  
07947795918