



EH plates - note lower number
Post Box - note postcode

LONG Course 6.1km 80m Climb

- 1. Lamp Post 3m
- 2. Lamp Post 2m
- 3. Lamp Post 2m
- 4. Lamp Post 2m
- 5. Wall 2m
- 6. Lamp Post 3m
- 7. Lamp Post 2m
- 8. Lamp Post 3m
- 9. Lamp Post 3m
- 10. Lamp Post 1m
- 11. Lamp Post 2m
- 12. Post Box
- 13. Lamp Post 3m

04 January 2023

Start and Finish at The Brave Nelson
Course closes 8.30pm. Report to Finish.
Emergency contact 07985 609719

LONG COURSE

Havering and South Essex Orienteering Club (HAVOC)
www.orienteeing-havoc.co.uk