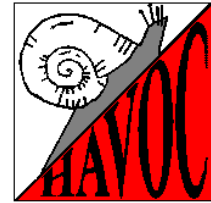




**HAVERING & SOUTH ESSEX
ORIENTEERING CLUB**
SWELL & ESSOL Level C Event
Hadleigh Park, Benfleet, Essex
SUNDAY 29th April 2018
FINAL DETAILS



DIRECTIONS:

The Country Park car park is accessed at the south-west end of Chapel Lane, Hadleigh, Benfleet, Essex, SS7 2PP.

From A13/A129/B1014 Roundabout: Head east along the A13 for 500m and turn right at the gap in the dual-carriageway (the gap is just after the traffic lights; you will need the right-hand lane). Return westwards for 100m then turn left into Chapel Lane immediately after the traffic lights. Follow brown and white tourist signs to the Country Park in 450m.

There is an ANPR camera at the barriers which picks up your car registration on entry (no ticket issue). You are then free to enjoy your stay. When you choose to leave you simply go to 1 of the 2 machines in the main car park, enter your car registration and the screen will tell when you arrived and how much to pay. Once paid you have 15 mins to leave and the exit barrier will let you out automatically. (There is an intercom in the event of difficulties). Parking is £1.50 an hour per vehicle. This is capped at £6 which will give you parking for the entire day. This is in line with most of the other Essex Country Parks. The money raised from the car park charges goes towards maintaining and improving visitor facilities. However, the car park is not well maintained and has a lot of pot-holes – take care.

Parking can be paid for either by cash or debit/credit card. **No change is given** by the machines if you pay by cash.

The car park has 400 spaces with an additional 12 disabled bays (also charged). Registration and Download will be located in the NW part of the car park.

Nearest main line station is at Leigh-on-Sea, a 3k walk, passing Hadleigh Castle.

ENQUIRIES & REGISTRATION: 10am to 12noon - starts 10.30am to 12.30pm.

| | |
|-----------------------------------|-------|
| Seniors : | £7.00 |
| Juniors (under 21): | £3.00 |
| Electronic punching SI-card hire: | £0.50 |

Single fee payable for pairs or groups competing together but only one map must be taken.

Car keys can be left at Download.

MAP & TERRAIN:

The map is based on previous HAVOC maps with updates by Janet Biggs spring 2018 to **ISOM 2017 standard**. Map scale is 1:10000, 5m contours. Maps will be printed on waterproof paper or bagged and be available at the Start. Loose descriptions will be available at Registration. The following IOF special symbols are used:

- Black × Seat/bench
- Black ○ Hide or other man made feature
- Green ● Distinctive tree
- × on pictorial control descriptions indicates a seat/bench.

The area consists on a south facing scarp slope, steep in places, with flat drained marshland at its base. New paths and biking trails, which criss-cross each other, have been created in the area. The marshland, part of the Thames Marshes, is crossed by the Fenchurch Street to Shoeburyness railway line.

The terrain includes mature and younger woodland with open and rough open areas on the steep hillside running down to the more open flat, rough grazing areas which are interspersed with ditches, some containing deep water. The grazing areas have been extended to other parts of the park resulting in a number of new stock fences, topped by barbed wire, having been built. There has been some clearance work, the newly cleared areas have been mapped.

Unusual for Essex, this is a good opportunity for some hill training. The Country Park is adjacent to/west of the area that was used for the London 2012 Mountain Biking event. The mountain biking area has been included on the map and all courses finish there with the Green and Blue courses visiting the more eastern parts.

FACILITIES :

Toilets are available in south west part of the visitor centre complex. Hub cafe (open 9am to 4pm) and BikeArt (bike hire - open 9am to 6pm). A range of mountain bike courses to suit all abilities. Children's play area. Cycle and bike skills training areas. Iron Age roundhouse reconstruction adjacent to the car park. Hadleigh Castle is a short walk from the car park. Good views over the Thames Estuary including Canvey Island, Southend Pier and the QE2 Bridge at Dartford/Purfleet. Dogs welcome at the event if kept under control and you clean up after them.

COURSES:

| | Length | Climb | Controls | Map scale | Descriptions | Recommended ESSOL School Years |
|-------------|--------|-------|----------|-----------|--------------|--------------------------------|
| White | 1.7k | 55m | 13 | 1:10000 | Written | Yr 3, 4, 5, 6 |
| Yellow | 2.2k | 75m | 13 | 1:10000 | Written | Yr 7 & 8 |
| Orange | 2.8k | 75m | 11 | 1:10000 | Written | Yr 9 & 10 |
| Light Green | 3.4k | 100m | 12 | 1:10000 | Pictorial | Yr 11 & 12 |
| Short Green | 3.1k | 90m | 11 | 1:10000 | Pictorial | n/a |
| Green | 4.6k | 135m | 13 | 1:10000 | Pictorial | Yr 13 |
| Blue | 6.1k | 200m | 19 | 1:10000 | Pictorial | n/a |

Loose descriptions will be as shown above except for Orange which will have pictorial loose descriptions.

START/FINISH: The start is adjacent to the NW corner of the car park reached via a short access road. The finish is south of the visitor centre. After finishing, continue northwards towards the visitor centre then round the outside of the car park, keeping and eye out for moving vehicles, to the green Download tent. Courses close at 2.30pm.

SAFETY: First Aid kit will be available at Download. The nearest A&E is at Southend Hospital, location map available at Download.

All the courses finish in the main mountain bike trail area. Some paths and tracks are shared. Keep a good look out for cyclists some of who do not stick to the marked trails. The area is also used by dog walkers and, horse-riders may be encountered. Please show respect to all other forest users. Many fences in the area have barbed wire in or on top of them. Please use an appropriate crossing point rather than climbing over a fence. The marshland is crossed by wide ditches which often contain deep water. Ditches might be jumped by the most agile competitors but will be difficult obstacles for the less agile. It is not recommended to try to cross these ditches which are marked as "un-crossable streams" on the map, indicated using black edging lines (bank lines).

Areas of hawthorn, nettles, wild rose and brambles present trip, scratch and sting hazards. **The steep slopes can be slippery and muddy when wet.** Some parts of rough open areas contain rabbit holes. Cattle may be grazing in parts of the competition area, they are used to people being in the area but you are advised to keep away.

ACKNOWLEDGEMENTS: Thanks to Andrew Woodhouse, Senior Ranger at Hadleigh Park for permission to access the park.

PLANNER:

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The HAVOC website is at www.orienteering-havoc.co.uk

Results will be posted on the website as soon as possible after the event.

You take part in this event at your own risk and are responsible for your own safety

By entering this event, you agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times and age group.