

EAST ANGLIA League, RANKING (level C), SWELL EVENT

Thorndon North Country Park, Sunday 14 April 2019 - FINAL DETAILS

DIRECTIONS Event centre at Ford's Employee North Car Park, Eagle Way, Brentwood CM13 3BJ. GR TQ 594 915

From M25 J28 (A12/A1023 junction): Follow the road signs towards Brentwood (A1023). Go straight on at the first set of traffic lights. Turn right at the second set of traffic lights onto Mascalls Lane. After one mile, go straight on at the next set of traffic lights onto Eagle Way. Car park is on the left after 0.4 mile.

Nearest railway station is Brentwood (Tfl Rail) - 1.5k (no engineering works planned on 14 April)

FACILITIES Toilets (portaloos), Registration and Download will be sited in the car park. Refreshments are available at the Essex Wildlife Trust (EWT) Visitor Centre (CM13 3RZ), 0.8mile. Turn left out of the car park, straight on at the cross-roads then bear right to the main entrance to the country park. Car park & visitor centre is on the right. [Parking charges](#) are payable.

START & FINISH Approx. 1.4k walk to the start mainly along level forest paths, allow 15-20 minutes. Please use the pedestrian exit from the car park then the zebra crossing over Eagle Way and turn left. Follow tapes to a second road crossing. This road crossing should be manned but take care, under 16's need to be supervised. The Start is another 450m. The clothing dump is just before the start area. Items left at your own risk. **Please avoid congregating on and blocking the paths both at the Start and Finish.**

COURSES There are no road crossings on the courses although Orange, Light Green and Brown have route choices that cross the corner of a car park, take care. East Anglian League rules and designated courses can be found on the [EAOA website](#).

Course	Controls	Length	Climb
WHITE	10	1.7K	30m
YELLOW	12	2.0K	35m
ORANGE	12	2.9K	55m
LIGHT GREEN	12	3.4K	35m
SHORT GREEN	14	3.4K	70m
GREEN	15	4.4K	60m
BLUE	20	6.1K	80m
BROWN	27	9.4K	140m

Control descriptions will be printed on front of the maps and loose descriptions will be available at the Start.

White and Yellow have written descriptions; Orange has both written and pictorial descriptions; all other courses have pictorial descriptions.

There are legends on all maps except for the Brown course.

Hired dibbers must be collected from Registration before going to the Start and returned to Download before you leave the event.

TERRAIN/MAP Terrain is a mix of established woodland with a good path network, some open and semi-open areas; some steep slopes. Courses Orange to Blue will enter fenced areas – it is recommended to use the marked crossing points (gates) as some of the fences are high and others are topped with two or three strands of barbed wire. In the southern area some of the gates are padlocked or securely tied, these are marked with a purple x and should not be used. Blue and Brown courses have a mandatory route round a couple of fields marked as OOB.

A4-size map at 1:10,000 with 5m contours with 2019 updates, courses printed on single-sided, water-proof paper. A black o indicates a sculpture (wooden) or a small enclosure but none of these are used for control sites. Only large rootstocks, at least 1.8m high, are mapped with a green x, none are used for control sites. Branch hides are being built constantly then knocked down; none are shown on the map.

TIMES Registration 10am to 12noon. Starts 10.30am to 12.30pm. Courses close at 2.30pm.

FEES Entry on the day. Individual entry form can be found on the [HAVOC website](#)

Senior members £12.00

Senior non-members £14.00

Juniors (under 21's) £3.00

"Dibber" (SI card - electronic timing key) hire 50p (£30 charge for lost dibbers).

Pre-entry is available on [Fabian](#) up to the end of Thursday 11 April – there is a discount of £2 on senior fees.

Note member means an individual holding a current subscription to British Orienteering. Non-members are allowed to compete in three British Orienteering registered events before being required to join an affiliated club and/or British Orienteering. See the [British Orienteering website](#) for information on how to join.

FIRST AID A first aid kit will be available at Download. A qualified First Aider will be available. The nearest A&E hospital is Queen's Hospital, Rom Valley Way, Romford RM7 0AG. Maps showing the location of the hospital will be available at Download. In case of an emergency, a phone number is printed on the maps.

DOGS Dogs are allowed in the competition area if under control & they do not interfere with competitors, officials, spectators, other forest users.

CONTACTS

Organiser: Colin Jackson (HAVOC) chairman@orienteering-havoc.co.uk

Planner: Andrew Welsh (HAVOC)

Controller Tony Maycraft (CHIG)

Emergency phone number 07923495125

If there is an emergency in the competition area and you need help, please contact the officials at the Start or the road crossing marshal, situated 550m north west of the finish.

Participants take part at their own risk and are responsible for their own safety during the event.