



# HAVERING & SOUTH ESSEX ORIENTEERING CLUB

## Epping Forest South West

Sunday 18<sup>th</sup> November 2018

**Level C Ranking Event, EAL & SWELL**

**Incorporating Happy Herts Club Championships**

**CAR PARK:** The car park is at Chingford Plain, near Chingford, Essex. TQ 393 950 (nearest postcode [E4 7QJ](#)). This is on the east side of Bury Road, which runs north from Rangers Road (A1069) towards Sewardstone. Dogs welcome if under control.

**DIRECTIONS:** From M25 Junction 26: Follow the A121 east to the Wake Arms/City Limits roundabout; take the 4th exit (A104) & continue for about 2 miles to the Robin Hood roundabout; go straight on & after 1 mile turn right into Rangers Road (A1069) signposted Chingford. After 1 mile turn right into Bury Road & then right again into the Chingford Plain car park.

From A406 North Circular: At the Waterworks Corner roundabout, take the A104 north through Woodford Green; after 3 miles turn left into Rangers Road (A1069), then proceed as above.

**PUBLIC TRANSPORT:** Chingford railway station is 400m SW of Chingford Plain.

**FACILITIES:** Public toilets available, after 10am, in the courtyard behind The View visitor centre (next to the Queen Elizabeth Hunting Lodge) - there is a small car opposite. From the event car park, head SE along the horse-ride over the bridge then continue up passing the electrical sub-station, go through the low gate then between the deer sculptures. There should be an open door on the right into the courtyard, the unisex toilets are opposite. Alternatively, for those approaching from the north, e.g. M25 J26, there are public toilets (and free parking) in High Beach near the King's Oak public house, Nursery Road, IG10 4AE (TQ411981).

There is a unisex toilet at Chingford station for ticket holders.

The View and Queen Elizabeth Hunting Lodge are open to the public at 10am and have free entry, refreshments available at the Butlers Retreat adjacent.

**COURSES:** White (1.8k), Yellow (2.3k), Orange (3.1k), Light Green (3.5k), Short Green(3.7k), Green (4.8k), Blue (7.2k) and Brown (9.4k). A3-sized map, 1:10,000 scale with 5m contours using ISOM 2017 incorporating autumn 2018 updates which includes significant thinning. Standard IOF symbols used with a black V representing a drain culvert. Brown course has a 2-part back-to-back map. Loose descriptions at the Start. Competitors take part at their own risk.

**TIMES:**

Registration	10:00 am to 12:00 noon.
Starts	10:30 am to 12:30 pm.
Courses close	2:15 pm

**START/FINISH:** Start adjacent to NE corner of the car park. Finish 250m from the centre of the car park.

**ENTRY FEES:** BOF members - Seniors £10.00 Juniors £3.00. Groups/families as per seniors. Non-member - Seniors or Groups add £2. Electronic punching (SI) will be used – SI 'dibber' hire fee 50p Fees include levies and land access charges. Free car parking.

**PLANNER:** Guy Lidbury (HAVOC)  
**ORGANISER:** Colin Jackson (HAVOC) [chairman@orienteering-havoc.co.uk](mailto:chairman@orienteering-havoc.co.uk)  
**CONTROLLER:** Bruce Marshall (WAOC)