



HAVERING & SOUTH ESSEX ORIENTEERING CLUB

Epping Forest South West

Sunday 2nd October 2016

Level C Ranking Event, EAL, SWELL & ESSOL

- CAR PARK:** The car park is at Chingford Plain, near Chingford, Essex. TQ 393 950 (nearest postcode E4 7QJ). This is on the east side of Bury Road, which runs north from Rangers Road (A1069) towards Sewardstone. Dogs welcome if under control.
- DIRECTIONS:** From M25 Junction 26: Follow the A121 east to the Wake Arms/City Limits roundabout; take the 4th exit (A104) & continue for about 2 miles to the Robin Hood roundabout; go straight on & after 1 mile turn right into Rangers Road (A1069) signposted Chingford. After 1 mile turn right into Bury Road & then right again into the Chingford Plain car park.
From A406 North Circular: At the Waterworks Corner roundabout, take the A104 north through Woodford Green; after 3 miles turn left into Rangers Road (A1069), then proceed as above.
- PUBLIC TRANSPORT:** Chingford railway station is 400m SW of Chingford Plain.
- FACILITIES:** Public toilets available, after 10am, in the courtyard behind The View visitor centre (next to the Queen Elizabeth Hunting Lodge) - there is a small car opposite. From the event car park, walk up the hill towards the start but continue up passing the electrical sub-station, go through the low gate then between the deer sculptures. There should be an open door on the right into the courtyard, the unisex toilets are opposite. Alternatively, for those approaching from the north, e.g. M25 J26, there are public toilets (and free parking) in High Beach near the King's Oak public house, Nursery Road, IG10 4AE (TQ411981).
There is a unisex toilet at Chingford station for ticket holders.
The View and Queen Elizabeth Hunting Lodge are open to the public at 10am and have free entry. Refreshments available at the Butlers Retreat in the same complex.
- COURSES:** White, Yellow, Orange, Light Green, Short Green, Green, Blue and Brown. Map is A4 size 1:10,000 scale, minor updates summer 2016. There is no legend on the maps. Courses will be overprinted on waterproof paper or be bagged.
Competitors take part at their own risk.
- TIMES:**
- | | |
|---------------|-------------------------|
| Registration | 10:00 am to 12:00 noon. |
| Starts | 10:30 am to 12:30 pm. |
| Courses close | 2:30 pm |
- START/FINISH:** Start & Finish within 250m of the centre of Chingford Plain car park.
- ENTRY FEES:** BOF members - Seniors £7.00 Juniors £3.00. Groups/families as per seniors.
Non-member - Seniors or Groups add £2.
Electronic punching (SI) will be used – SI 'dibber' hire fee 50p
Fees include levies and land access charges. Free car parking.
- PLANNER:** Chris Shaw (HAVOC)
CONTROLLER: Janet Biggs (HAVOC)
ENQUIRIES: fixtures@orienteering-havoc.co.uk