**Instructions – Brentwood Central - Long**

**Directions / Parking**

Event centre is the Gardeners’ Arms public house, 27 Hart Street, Brentwood CM14 4AX. Grid Ref TQ 592936. Car parking in the Chatham Way public car park CM14 4BG (fee payable).

Directions: From A12 southbound turn left at M25J28 up the hill towards Brentwood (A1023). Turn right at traffic lights at top of hill onto Kings Road heading towards the rail station. After 50m turn left at the roundabout into Chatham Way and park in the public car park.

Parking fees: First half hour free with displayed ticket. £1 per hour after that. £2 all night after 7pm. Pay by cash, phone or card.

Registration, Start and Finish will be at the Gardeners’ Arms pub on Hart Street which is north of the car park, about 150m on foot. From the car park go north east on foot via Crown Street and Hart Street, or north west on foot via Chatham Way, Kings Road and Hart Street.

What3Words location of start:

**Facilities**

Toilets available in the pub for customers.

**Terrain Description**

The course is approx. 90% on roads, and 10% off street on footpaths, and through a couple of areas of park/woods. There are route choices involving potentially muddy footpaths (depending on weather). Please wear suitable footwear.

### Course Information

Long Course      6.2km

This is the straight line running distance. Depending on route choice, you will run further. Take controls in the correct order, like a traditional line course.

OOMap 1:10,000

### Safety and Risk

A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

### Results

These are tabulated on the MapRun6 software.

### Questions

Please email maprun@orienteering-havoc.co.uk

### Problems identified

Please also email maprun@orienteering-havoc.co.uk

I do hope that you enjoy this activity. Any feedback would be welcome to the above email.

Enjoy your run!