

HAVERING & SOUTH ESSEX ORIENTEERING CLUB



LEVEL D - SWELL EVENT #7

BEDFORDS PARK, near ROMFORD

SATURDAY 5th MARCH 2016

- CAR PARK:** Entrance off Broxhill Road, Havering-atte-Bower, north of Romford, RM4 1QH. Grid Ref. TQ 520 925. Car park is at the end of the drive; no car park charges.
- DIRECTIONS:** From Gallows Corner roundabout, A12/A127 junction (about 3 miles west of J29 of M25), turn north (3rd exit) along Straight Road then at the roundabout, continue straight onto Broxhill Road towards Havering-atte-Bower, entrance to the park is on the left in about 1 mile.
Other routes: Approach along B175 towards Havering-atte-Bower. Park is sign-posted from the village green, turning where there is a sharp bend in the B175 road.

Public transport by 499 bus from stop V outside Romford Railway Station, towards Gallows Corner/Tesco. Take the bus to the Helmsdale Road stop (about 14 mins) then walk east along Lower Bedfords Road. The pedestrian entrance to the park is about 400m east of Risebridge Chase. Please keep to the main track within the park; registration is behind the Visitor Centre, in the main car park (about 1.5K, walk from the bus stop). Buses run every 20 minutes on a Saturday. More information see www.tfl.gov.uk
- TERRAIN:** Parkland with pockets of mature woodland, deer park, small fishing lake, open and rough open areas. Map (1:7500, 5m contours) updated Autumn 2015. Maps pre-printed either on waterproof paper or bagged.
- FACILITIES:** Visitor Centre, run by Essex Wildlife Trust, with toilets, light refreshments and gift shop; good views over London.
FREE car parking
- COURSES:** White to Blue. Help available to newcomers.
- TIMES:**
- | | |
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| Registration | 10:00 am to 12 noon. |
| Starts | 10:30 am to 12:30 pm. |
| Courses close | 2.30 pm |
- ENTRY FEES:**
- | | |
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| Senior members | £6.00 |
| Senior non-members | £8.00 |
| Juniors | £3.00 |
- Electronic punching (SI) will be used at this event – SI ‘dibber’ hire fee 50p.
Senior fee applies to groups and families competing together.
Note member means an individual holding a current subscription to British Orienteering. Non-members are allowed to compete in up to three British Orienteering registered events before being recommended to join. See the [British Orienteering website](http://www.britishorienteering.org.uk) for information on how to join.
- ENQUIRIES:** Gillian Edgar
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<http://www.orienteering-havoc.co.uk>