

SOS/HAVOC Essex Mid-Week Summer Series 2026**Event 8 - Dagnam Park - 22 Jul****Organiser:- David Float**

Short Course - Fastest Time

Name	Club	Age Class	Run Time	Incorrect	Missed	Anytime	Penalties	Net Time
Colin Jackson	HAVOC	M65	00:40:01					00:40:01
Dale Bennett	HAVOC	M60	00:41:09					00:41:09
Gillian Edgar	HAVOC	W60	00:43:30					00:43:30
John Allen	-	M75	00:44:38					00:44:38
Christopher Childs	SOS	M75	00:51:23					00:51:23
Veronica Machin	SOS	W65	00:58:04					00:58:04

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Long Course - Fastest Time

Name	Club	Age Class	Run Time	Incorrect	Missed	Anytime	Penalties	Net Time
Luke Bennett	DFOK	M18	00:34:51					00:34:51
Jake Bennett	DFOK	M16	00:39:03					00:39:03
Lewis Judge	-	M21	00:40:40					00:40:40
Chris Prince	HAVOC	M21	00:44:48					00:44:48
Keith Bennett	DFOK	M50	00:45:00					00:45:00
Sebastian Parris	HAVOC	M40	00:41:17		14		00:05:00	00:46:17
Dean Pepper	SOS	M35	00:53:44					00:53:44
Graham Denney	SAX	M55	00:58:07					00:58:07
Kevin Machin	SOS	M65	01:09:39					01:09:39
Iurii Shepelev	-	M65	01:09:01		28		00:05:00	01:14:01
Justin Ruggles	-	M55	01:12:02		27		00:05:00	01:17:02
Tina Bennett	DFOK	W50	01:04:00		24-30		00:35:00	01:39:00
Timothy Hull	SOS	M75	01:21:33		24-30		00:35:00	01:56:33
Gavin Avey-Hebditch	WSX	M65	00:24:44		10-30		01:45:00	02:09:44
Alison Sale & Frieda Keane	-	W60 & W60						00:00:00

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Short Course - Handicap Results

Name	Club	Age Class	Adjusted Time	Handicap	Handicaped time (decimal)	Pts
Gillian Edgar	HAVOC	W60	43.50	66	28.71	100
John Allen	-	M75	44.63	66	29.46	97
Colin Jackson	HAVOC	M65	40.02	76	30.41	94
Dale Bennett	HAVOC	M60	41.15	79	32.51	88
Christopher Childs	SOS	M75	51.38	66	33.91	85
Veronica Machin	SOS	W65	58.07	61	35.42	81

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Long Course - Handicap Results

Name	Age Class	Club	Adjusted Time	Handicap	Handicaped time (decimal)	Pts
Luke Bennett	DFOK	M18	34.85	97	33.80	100
Jake Bennett	DFOK	M16	39.05	94	36.71	92
Lewis Judge	-	M21	40.67	100	40.67	83
Sebastian Parris	HAVOC	M40	46.52	94	43.73	77
Chris Prince	HAVOC	M21	44.80	100	44.80	75
Keith Bennett	DFOK	M50	45.00	86	38.70	87
Dean Pepper	SOS	M35	53.73	97	52.12	65
Graham Denney	SAX	M55	58.12	83	48.24	70
Kevin Machin	SOS	M65	69.65	76	52.93	64
Iurii Shepelev	-	M65	74.02	76	56.25	60
Justin Ruggles	-	M55	77.03	83	63.94	53
Tina Bennett	DFOK	W50	99.00	75	74.25	46
Timothy Hull	SOS	M75	116.55	66	76.92	44
Gavin Avey-Hebditch	WSX	M65	129.73	76	98.60	34
Alison Sale & Frieda Keane	-	W60	0.00	66	0.00	###

5 min penalty for each incorrect or missed control (included in overall recorded time)

Age/Gender handicaps applied to league. Details available

Multiple runners, score based on lowest value handicap

SOS/HAVOC Essex Mid-Week Summer Series 2026
Short Course

			Great Notley	Writtle	Danbury	Aveley/Belhus	Chelmsford	Langdon Hills	Colchester North	Dagnam Park	Best 6	On The Night Bonus	Total
Christopher Childs	SOS	M75	79	73	100	97	79	100	100	85	-152	120	681
Colin Jackson	HAVOC	M65	84	65	96	93	86	88	83	94	-148	120	661
Veronica Machin	SOS	W65	61		77	67	84		74	81		90	534
Alan Sibthorp		M65	50		66	56	56	64	51			60	403
John Allen	SOS	M75						100	100	97		45	342
Dale Bennett	HAVOC	M60	85	100						88		45	318
Ross James	BOF	M21	45		45		48		45			60	243
Gary James	BOF	M65	45		45		48		45			60	243
John Carter	-	M70	60				59		59			45	223
Sarah Mansel	SUFFOC	W60	96						94			30	220
Teresa Wood	SOS	W50	67				99					30	196
Rachel Abbott	-	W55					59		59			30	148
Rachel Barford	SOS	W60		46					70			30	146
Fay Smalls	-	W55	46						48			30	124
Wendy Smalley		W60	56						51			15	122
Gillian Edgar	HAVOC	W60								100		15	115
Roger Gooding	SOS	M50	100									15	115
Lulu Gooding	SOS	W14	100									15	115
Miroslav Benes	-	M45		100								15	115
Garry Parmenter	HAVOC	M80				100						15	115
Phil Hazell	-	M65					100					15	115
Colin Matheson	FVO	M70							87			15	102
Martin Sellens	SOS	M70							78			15	93
Luke Hazell	-	M21					71					15	86
Rachel Read	-	W55	71									15	86
Tereza Krupova	-	W35		68								15	83
Henry Marston	SYO	M80			67							15	82
Jaikaar Tratt		M18				66						15	81
Rob Tratt		M45				66						15	81
Graham Batty	HAVOC	M65		63								15	78
Emma Morum	SOS	W35					63					15	78
Thomas Asselin	-	M20							60			15	75
Hilary Sellens	SOS	W70							60			15	75
Alexander Watts	-	M55	55									15	70
Erica Watts		W50	55									15	70
Timothe Gilles	-	M20	54									15	69
Vicky Riley		W40							52			15	67

Pete Riely		M55							52			15	67
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Long Course

			Great Notley	Writtle	Danbury	Aveley/Belhus	Chelmsford	Langdon Hills	Colchester North	Dagnam Park	Best 6	On the Night Bonus	Total
Jackie Sibthorp	SOS	W60	84	100	100	97	96	100	86		-84	75	654
Keith Bennett	DFOK	M50	83	85	82	80	100	97	85	87	-162	105	642
David Float	HAVOC	M55	79	86	78	77	92	73	71	100	-144	120	632
Dean Pepper	SOS	M35	100	74	74	78	84	69	85	65	-134	120	615
Timothy Hull	SOS	M75	70	81	62	88	88		100	44	-44	105	594
Kevin Machin	SOS	M65	72	74	68		96		71	64		75	520
Gerry McGovern	SOS	M70	77	84	88	86	0	66	70		0	45	516
John Pettifer	HAVOC	M80		82	44	68	72	86	64			75	491
Lorna Pettifer	HAVOC	W60		82	44	68	72	86	64			75	491
Gavin Avey-Hebditch	WSX	M65		60	59	64	66	57	62	34	-34	105	473
Justin Ruggles	-	M55	70	79	76		78			53		75	431
Lyn West	SOS	W70	82		82		100		88			60	412
David Lumby	SOS	M65		88	72	75	90					60	385
Andy Debnam	HAVOC	M55	64	55	53	77		85				45	379
Guy Lidbury	HAVOC	M55	87			85		77	81			45	375
Luke Bennett	DFOK	M18	100		100					100		45	345
Paul Beckett	HAVOC	M65		92	84	100	0					60	336
Lewis Judge		M21				88	100			83		45	316
Chloe Fowler	HAVOC	W21				89	95	84				45	313
Seb Parris	HAVOC	M40				100	83			77		30	290
Christopher Prince	HAVOC	M21				88	82			75		45	290
Natalie Roberts	SOS	W50	48	72	62				37			60	279
Rod Mansel	SUFFOC	M65	79	86					67			45	277
Stuart Collett	-	M45			71		92		65			45	273
Thomas Wood	SOS	M18	74		66		85					45	270
Stephen Cartwright		M65	45	56	55				48			30	234
Kathryn Rehal	SOS	W55	48	72	62							45	227
Allen Smalls	-	M55	93						100			30	223
Roy Read	-	M60	79						95			30	204
Kevin Gard	-	M55		82	77							30	189
Colin West	SOS	M70	68				100					15	183
Iain Ambler	CHIG	M50		69	74							30	173
Graham Denney	SAX	M55						73		70		30	173
Eddie Banks	SOS	M70	79		72							15	166
Gary Abbott	-	M60					55		59			30	144
Melissa Dowell	-	W60					55		59			30	144

Barbara Beckett	HAVOC	W70		15	53	56							124
Simon Fowler		M55						100				15	115
Stephen Borrill	WAOC	M55	95									15	110
Jake Bennett	DFOK	M16								92		15	107
Laura Parrish	-	W40		83								15	98
Kelly Wareham	-	W40		83								15	98
Benjamin Leeds	-	M40			79							15	94
Sarah Mansel	SUFFOC	W60		77								15	92
Malcolm Bailey	-	M65					72					15	87
John Allen	-	M75					72					15	87
Linda Day	-	W50		71								15	86
Robert Lewis	-	M60		71								15	86
James Goddard	-	M65					70					15	85
Suzanne Talbot	BAOC	W40	68									15	83
Graham Batty	HAVOC	M65				68						15	83
Martin Holtham-Payne		M35							65			15	80
Thomas Elgood	CHIG	M60					64					15	79
Lorene Bernhard	-	W21							61			15	76
Iurii Shepelev	-	M65								60		15	75
Ted Coday	HAVOC	M21		75									75
Alan Sibthorp	-	M65		56								15	71
Lisa Oldman		W50							55			15	70
Nicky Porter		W55							55			15	70
Mel Moore		W60							55			15	70
Rachel Sadler		W50							55			15	70
Terry Archer		M50			51							15	66
Torsten Archer		M21			51							15	66
Alison Sale		W60				66							66
Frieda Keane		W60				66							66
Veronica Machin	SOS	W65		63									63
Tina Bennett	DFOK	W50								46		15	61
Gary James	BOF	M65		43								15	58
Ross James	BOF	M21		43								15	58
Ruth Kanyepi		W35		36								15	51
Richard Sirett		M50	48										48
Frieda Keane	-	W60										15	15
Alison Sale	-	W60										15	15
Dominique Lazanski	CHIG	W50										15	15

* Organiser/Planners score 100 points for their event, shown in red
Age/Gender handicaps applied to league. Details available
League positions determined by best 6 runs in the series