

SOS/HAVOC Essex Mid-Week Summer Series 2026**Event 4 - Aveley/Belhus - 27 May****Organiser:- Seb Parris**

Short Course - Fastest Time

Name	Club	Age Class	Run Time	Incorrect	Missed	Anytime	Penalties	Net Time
Colin Jackson	HAVOC	M65	00:39:43					00:39:43
Jaikaar Tratt & Rob Tratt	-	M18 & M45	00:43:37					00:43:37
Christopher Childs	SOS	M75	00:43:50					00:43:50
Garry Parmenter	HAVOC	M80	00:48:12					00:48:12
Alan Sibthorp	-	M65	01:05:39					01:05:39
Veronica Machin	SOS	W65	01:08:07					01:08:07

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Long Course - Fastest Time

Name	Club	Age Class	Run Time	Incorrect	Missed	Anytime	Penalties	Net Time
Christopher Prince	HAVOC	M21	00:49:00					00:49:00
Lewis Judge		M21	00:49:04					00:49:04
Chloe Fowler	HAVOC	W21	00:55:27					00:55:27
Paul Beckett	HAVOC	M65	00:56:31					00:56:31
Dean Pepper	SOS	M35	00:56:35					00:56:35
Guy Lidbury	HAVOC	M55	00:56:13		12		00:05:00	01:01:13
Keith Bennett	DFOK	M50	00:57:05			YES	00:05:00	01:02:05
Jackie Sibthorp	SOS	W60	01:07:09					01:07:09
Andy Debnam	HAVOC	M55	01:02:19			YES	00:05:00	01:07:19
David Float	HAVOC	M55	01:07:30					01:07:30
Gerry McGovern	SOS	M70	01:04:02			YES	00:05:00	01:09:02
Timothy Hull	SOS	M75	01:14:05					01:14:05
David Lumby	SOS	M65	01:15:28					01:15:28
Graham Batty	HAVOC	M65	01:23:01					01:23:01
Gavin Avey-Hebditch	WSX	M65	01:28:40					01:28:40
Lorna Pettifer & John Pettifer	HAVOC	W60 & M80	01:36:04					01:36:04
Alison Sale & Frieda Keane		W60 & W60	01:34:19			YES	00:05:00	01:39:19
Barbara Beckett	HAVOC	W70	02:12:09			YES	00:05:00	02:17:09

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Short Course - Handicap Results

Name	Club	Age Class	Adjusted Time	Handicap	Handicaped time (decimal)	Pts
Garry Parmenter	HAVOC	M80	48.20	58	27.96	100
Christopher Childs	SOS	M75	43.83	66	28.93	97
Colin Jackson	HAVOC	M65	39.72	76	30.18	93
Veronica Machin	SOS	W65	68.12	61	41.55	67
Jaikaar Tratt & Rob Tratt	-	M18	43.62	97	42.31	66
Alan Sibthorp	-	M65	65.65	76	49.89	56

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Long Course - Handicap Results

Name	Age Class	Club	Adjusted Time	Handicap	Handicaped time (decimal)	Pts
Paul Beckett	HAVOC	M65	56.52	76	42.95	100
Jackie Sibthorp	SOS	W60	67.15	66	44.32	97
Chloe Fowler	HAVOC	W21	55.45	87	48.24	89
Timothy Hull	SOS	M75	74.08	66	48.90	88
Christopher Prince	HAVOC	M21	49.00	100	49.00	88
Lewis Judge		M21	49.07	100	49.07	88
Gerry McGovern	SOS	M70	69.03	72	49.70	86
Guy Lidbury	HAVOC	M55	61.22	83	50.81	85
Keith Bennett	DFOK	M50	62.08	86	53.39	80
Dean Pepper	SOS	M35	56.58	97	54.89	78
Andy Debnam	HAVOC	M55	67.32	83	55.87	77
David Float	HAVOC	M55	67.50	83	56.03	77
David Lumby	SOS	M65	75.47	76	57.35	75
Graham Batty	HAVOC	M65	83.02	76	63.09	68
Lorna Pettifer & John Pettife	HAVOC	W60	96.07	66	63.40	68
Alison Sale & Frieda Keane		W60	99.32	66	65.55	66
Gavin Avey-Hebditch	WSX	M65	88.67	76	67.39	64
Barbara Beckett	HAVOC	W70	137.15	56	76.80	56

5 min penalty for each incorrect or missed control (included in overall recorded time)

Age/Gender handicaps applied to league. Details available

Multiple runners, score based on lowest value handicap

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Short Course

			Great Notley	Writtle	Danbury	Aveley/Belhus					Best 6	On The Night Bonus	Total
Christopher Childs	SOS	M75	79	73	100	97						60	409
Colin Jackson	HAVOC	M65	84	65	96	93						60	398
Veronica Machin	SOS	W65	61		77	67						45	250
Dale Bennett	HAVOC	M60	85	100								30	215
Alan Sibthorp		M65	50		66	56						30	202
Ross James		M21	45		45							30	120
Gary James	-	M65	45		45							30	120
Roger Gooding	SOS	M50	100									15	115
Lulu Gooding	SOS	W14	100									15	115
Miroslav Benes	-	M45		100								15	115
Garry Parmenter	HAVOC	M80				100						15	115
Sarah Mansel	SUFFOC	W60	96									15	111
Rachel Read	-	W55	71									15	86
Tereza Krupova	-	W35		68								15	83
Henry Marston	SYO	M80			67							15	82
Teresa Wood	SOS	W50	67									15	82
Jaikaar Tratt		M18				66						15	81
Rob Tratt		M45				66						15	81
Graham Batty	HAVOC	M65		63								15	78
John Carter	-	M70	60									15	75
Alexander Watts	-	M55	55									15	70
Erica Watts		W50	55									15	70
Timothe Gilles	-	M20	54									15	69
Fay Smalls	-	W55	46									15	61
Rachel Barford	SOS	W60		46								15	61
Wendy Smalley		W60	56										56

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Long Course

			Great Notley	Writtle	Danbury	Aveley/Belhus					Best 6	On the Night Bonus	Total
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Frieda Keane		W60				66							66
Veronica Machin	SOS	W65		63									63
Gary James	BOF	M65		43								15	58
Ross James	BOF	M21		43								15	58
Ruth Kanyepi		W35		36								15	51
Richard Sirett		M50	48										48
Dominique Lazanski	CHIG	W50										15	15

* Organiser/Planners score 100 points for their event, shown in red
Age/Gender handicaps applied to league. Details available
League positions determined by best 6 runs in the series